

Name: Dr. Reena Chawla

Designation: Assistant Professor

Department: Psychology

Faculty of: Arts Craft & Social sciences

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About:

I am Dr. Reena Chawla, currently serving as an Assistant Professor in the Department of Psychology under the Faculty of Arts, Craft & Social Sciences. With over seven years of teaching experience, I am passionate about fostering psychological understanding and emotional well-being among students.

I hold a Ph.D. in Psychology from JNU University, Jodhpur (2013), an M.A. in Psychology from the same institution (2008), and a B.A. from MGSU, Bikaner (2010). My academic journey has been shaped by a deep interest in the complex interplay between personality, mental health, and emotional intelligence.

My research work, titled "A Development Study of Emotional Intelligence as Related to Personality and Mental Health," reflects my core areas of academic interest. I have contributed six research publications to the field and participated in three academic conferences, continually seeking to enhance my knowledge and contribute meaningfully to psychological studies.

I look forward to engaging with fellow scholars and students to explore evolving psychological concepts and their practical implications in today's world.

Experience: 7 year

Qualification:

PhD in Psychology from JNU University, Jodhpur 2013

MA Psychology Form JNU, Jodhpur 2008

BA from MGSU, Bikaner 2010

No. of Research Publications: 06

No. of Conferences: 03

Research Work: A Development Study of Emotional Intelligence as Related To Personality And Mental Health

Areas of Interests:

- Emotional Intelligence Development
- Personality Traits and Emotional Processing
- Mental Health Correlates of Emotional Intelligence
- Interplay Between Personality and Psychological Well-being